

FOLK DANCE NOTES

Revised 1952

Compiled by Ralph A. Piper

ABBREVIATIONS IN NOTES

L - left
R - right
M - man or men
W - woman or women
Cp - closed position
ROP - right open position
LOP - left open position
RSP - right side position
LSP - left side position
cpt - counterpart
fwd - forward
bwd - backward
swd - sideward
XIF - cross in front
CW - clockwise
CCW - counter-clockwise
LOD - line of direction or line of dance
RLOD - reverse line of direction

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Steps are described for the man. Lady's steps are to opposite side unless otherwise stated.

WALTZ (3/4 time)

Basic Step: Step, step, close (not step, close, step). More time given to first step, giving effect of slow, quick, quick. Fol. 1034, Cap. 4018, Lin 83, Ron 231, Jub 702, Mac. 649, Win. 1115

Tyrolean Step: ROP. Step diagonally fwd with l, close R to L or in front of L raising heels off floor, take weight on L. Repeat to R.

Rye Waltz Ford 107 B, Dec. 25058A, Imp. 1044B, Mac. 10-399-2, OT 8009, Cap. 20720.
Cp. Touch, point, touch, point; slide, slide, slide; Repeat
16 measures of waltz or slide ending. (A. C. Wirth, Milwaukee, 1890)

Doris Waltz (English) V 26-0014 A, St T-2052, Col. 22104 F, St T 2050 A, Col. DX 1368
Vars. Pos.
Balance fwd, back, cross lady to left, both 1/2 turn R
Balance fwd, back, cross lady to right, both turn to face partner
Balance back, fwd, back, fwd.
Two waltzes and send lady on. (J. Bickerstaffe, Eng. 1909)

Waltz Amelia by Florence Finnegan, England. "Dancing Back the Clock", p. 1. Dcl.
274. OP facing CCW, inside hands joined.

- Bars 1-2 Release hands and solo waltz outward finishing face to face
3-4 Holding both hands extended, bal to l. on L. ft, raising L hand;
repeat to r.
5-8 Repeat bars 1-4
9-10 Cp waltz turning CW, finish in Op.
11-12 Join inside hands, waltz promenade 6 steps (or pas de valse)
13-16 Cp. waltz turns CW, finish in Op.

Croatian Waltz* "Ja Sam Sirota" - Victor 25-3025

Formation: Couples facing CCW around the room, inside hands joined, outside hands on hips, fingers fwd, thumbs bwd.

- Meas. I. Waltz Forward and Backward
1-2 Beginning on the outside ft, ML, WR, take two waltz steps straight fwd (CCW).
3-4 Partners turn inwardly, join inside hands (ML,WR), and move bwd (still moving CCW) with two waltz steps, beginning ML, WR.
II. Waltz Around and Backward
5-6 Partners face wach other, join R hands at shoulder height, turn once around with two waltz steps. M finishes step facing fwd (CCW). W takes an extra half turn to finish in original position beside M. Join inside hands as in beginning step.
7-8 Beginning on outside ft, partners move bwd (CW) with one waltz step. Step back on inside ft, MR, WL (ct. 1), lift outside ft. fwd slightly (ct. 2), hold (ct. 3).
Note: Throughout the entire dance the body is kept erect but not stiff. The joined hands are held slightly above waist height; they do not swing. The free hand is always on the hip, thumb bwd. The waltz is very smooth, not bouncy.

*Let's Dance, July 1951, p. 13

Swedish Waltz - V 20075 A, V 260045, V 26-0017 or any good Scandinavian Waltz
Facing CCW, inside hands joined.
Four open waltzes, four closed waltzes.
Or Bal. away, towards, solo turns, four waltzes CP.

To Ting (Danish) MH 1018

Facing CCW, inside hands joined
Four open waltzes, four closed waltzes; repeat
Walk 2, 3, 4, twirl 2, 3, 4; repeat.

Swedish Masquerade (Danish) HMV. B 8840, MH 1019

Facing CCW, inside hands joined.
Walk LOD, reverse; tyrolean waltz and CP waltz;
Hopsa steps and 4 st. hop turns.

Ski Lodge Waltz - V 25-1013 B (Bill Castner of California)

Facing CCW, inside hands joined.
Roll away, hold, clap, clap; reverse
Roll away, bal fwd, back;
Two waltzes, send lady on.

Mexican Waltz - MH 1016, Mac 608, Imp 1136

Partners facing, hands joined.

Step swing left, right, step, close, clap, clap; repeat to right;

Bal, bwd, fwd, bwd, clap, clap.

Bal, fwd, bwd, fwd, clap, clap (arms around)

16 meas. of waltz or 14 waltzes, turn partner, and 2 claps.

Blackhawk Waltz - Imp 1006 A, Mac 1009B, Fol 1046, Shaw 1-104, MH 3002

Cp. Bal. fwd, bwd, 2 ccw waltzes in Cp.

Repeat 3 more times

Cross, cross, cross, step, behind, point

Repeat 3 more times

Variations: Betty Blackhawk, (Foot N' Fiddle) Nov. '48; Kaltman's L. pivot turn and CP grapevine.

Honeysuckle Waltz - Wedding Waltz V 25-1059 B, Lin. 83 B

Facing CCW, inside hands joined

Step swing inside ft fwd, then bwd (turn);

Repeat; 4 step-lift steps bwd; lady waltz around man as he waltzes in place,

Four waltzes in CP

St. Bernard - V 26-0014 B, Lin 64 A, Col DX 1246, C-Dx 124516, Coral 60065

(Doug. Swallow, Eng.)

CP. 2 side-close steps, L, step L, stmp R; 2 side close steps R; 2 steps bwd, 2 steps fwd; W turns under M L; 4 waltzes CP.

Skater's - V 25-1019 B, 35798 A, Col. 35504, Shaw 1-102

In shoulder promenade, both step R; then a 2 measure turn CW

once, ending with W on L, step R and swing L; repeat all but on opposite ft.

Veleta - Dec. 2092 A, 25060 A, Col. DX 1177, MH 3001 (Arthur Morris, Eng. 1900)

ROP, waltz twice; draw twice; repeat all in RLOD; CP, waltz twice, turning CW; draw twice; four waltzes.

Waltz of the Bells - Ron 196 A, Mac 611 A, Meth 113, Shaw 2-109, Win 7605

(Doc Alumbaugh, Cal.)

Facing CCW, inside hands joined.

Swing fwd, bwd, fwd, bwd; solo turn, draw, draw

Reverse direction;

Draw, draw, lady turns under; reverse;

Bal. bwd, fwd; repeat;

Two waltzes in CP, send lady on.

Mazurka Waltz - Any good hambo tune, such as Stockholm, Tivoli, Tip Top or MH 2002, 2003, 2004

Facing CCW, inside hands joined.

St. swing, st. swing; 2 pursuit waltzes or 6 steps fwd;

2 waltzes CW in CP then lady continues with another CW turn under

M.L. arms as he does 2 waltz steps bwd.

Merry Widow - Mac 607 B, V 25-1020 A, SR 177 B, Col 35503, Shaw 1-101

CP. Bal. back, fwd, back, fwd, walk 2, 3, 4;

Reverse and walk, 2, 3, dip; 2 waltzes, turn partner.

At The Inn - Kismet 135 B, MH 1022, Meth 115

- Ptns. facing
 1-2 Clap own, ptns R, ptns L, both ptns;
 3-4 4 waltzes CW holding hds shoulder high;
 5-8 Rpt. 1-4
 9-10 Hold R hds, man 4 waltz steps fwd, lady turns under his arm
 11-12 4 waltzes in CP
 13-16 Rpt. 9-12
 17-18 OP, inside hds joined. Bal. away, toward, turn away from each other with 2 wtz steps.
 19-20 Repeat 17-18 moving fwd.
 21-24 Repeat 17-20 in reverse direction.

Landler - V 25-4032, 25-4097, 25-4074, 25-0047 or others

R hand grasp, waltz turning CW; CP waltz; cross-hand waltz; W does R turns; back-grasp waltz; neck-waist waltz; window and waltz; unwind and W does R turns; CP waltz; then repeat all except last - here substitute the chase. (8 meas. to each part)

Tennessee Waltz (Ken Hawley, Seattle) Mac 649, Dec 80170, Lin 145

- A. CP twinkle step to r, l, r, l (man steps in front with L, lady behind with R when moving to r.)

Lady turns CW under M's L. arm (1 meas.)
 Man turns CCW under M's L. arm (1 meas.)
 2 box waltzes without turning
 Repeat A

- B. Join inside hds. Moving in LOD waltz turning back to back, face to face, repeat, then 4 waltzes in CP.
 Repeat B

Honeymoon Waltz (Jo and Dick Keller, Elmhurst, Ill.) Ron RFD #2 B.

Introd. 8 meas.

- Part I Position: Hds joined, arms outstretched

1-4 4 waltz steps, turning CW
 5-8 4 swd twinkle steps starting in L. side position.

- Part II

9-12 M waltzes fwd, W twirls under R. arm held by M - 4 in all.
 13-16 4 waltzes CW in CP

Blue Skirt Waltz - Record - Decca Guy Lombardo - Or Broadcast

Complete instructions in Foot & Fiddle, May 1952

Prompting cue as taught by John Wald - Open Position

1. Waltz - 2 - 3, Waltz - 2 - 3, Step - swing. Step, hold (to semi pos.)
2. Turning waltz (R. face Viennese) Waltz, 2-3, Waltz, 2-3, Twirl to open Pos.
3. Rpt (1) - Rpt (2) But twirl to face partner. Gent face LOD.
 Join palms, arms extended to side - Lady has back to LOD.
 Lady backing up as man moved fwd.
4. (At R. Hip) - Step, swing - step-step, (At L.Hip) step-swing-step-step.
5. (At R. Hip) - Step, swing - step-step (At L.Hip) Step, swing - step-hold
 (should face partner at this point)
6. To L - draw - draw. To R. draw & draw. And
 Social dance position but R. hips adjacent (Banjo Position)
7. Rotate CW in 3 waltz step and twirl to open position.
 Repeat dance.

Bolero - Col. 35504, V 10-1024, V 35798 or other good Estudiantina Waltz

Formation: Partners facing, W L hand in M R.

1. Step swing hop in LOD and bal fwd on inside ft (back to back), 2 draw steps bwd.
Repeat starting on onside ft and draw in face to face position.
2. Step swing L and R facing ptn, solo turn away from ptn in 4 steps; step swing L and R, 4 stamps syncopated L-RLR.
3. Waltz in CP.

Note: In Figure 1 the second part may be done in RLOD. The music is recorded in different phrasings so that it may be desirable to change the sequence of the figures and the number of repetitions to fit the musical phrases.

Beautiful Ohio (Buzz Glass). Col 35617, Cap 48033, Winds. 602

Ptns facing in semi-open position

- Meas. 1-2 Walk 3 steps to M.L. turn on 3rd, reverse
 3-4 L. turns R with 1 waltz step, 1 draw step to M.R.
 5-8 Repeat 1-4
 9-12 Bal. fwd on M.L., back, fwd, back (1/2 turn L)
 13-16 4 waltzes CCW in CP (making 3/4 L turn)
 17-18 Diagonal waltz (twinkle) to R (M crossing L in front, L. crossing R. behind) and to L
 19-20 M. st. fwd L., in plce with R, beside R.
 with L. changing to RSP; walk around each other once with 3 steps.
 21-24 Repeat 17-20 end with M. back to center
 25-28 2 open waltzes inside hds joined, 6 step turn in RSP
 29-32 Repeat 25-28.

Irish Waltz - Shaw 2-110, Windsor R-604, Mac 644

Vars. position. Both start on L.

- Meas. 1-2 St. L., swing R fwd., swing R back and pivot 1/2 tn r.
 3-4 Moving bwd with R., close, R, hold.
 5-8 St. fwd. on L. touch R; st. R., touch L.; 1 waltz step pivoting L about face
 9-16 Repeat 1-8
 17-24 Step-swing l, r, l, r.
 25-28 Lady twirls to r under man's R. ending with a dip fwd on her L. (back to M.R.)
 29-32 4 waltzes CCW in CP or 3 waltzes and turn lady 1/2 or 1 1/2 to starting position.

The International Waltz* Morrison Record A-31 "Valse Lente, Valse Bleue" (Lew Morrison)

Formation: Couples facing CCW in open position around room, inside hds joined at shoulder height. M L hd on back, W R hd holds skirt.

Steps: Balance walk, waltz, step-draw.

Part One

- Measures I. Balance Walk and Twinkle.
- 1 Step fwd on outside ft, M. L, W R, lifting inside ft. fwd, toe pointed down.
 - 2 Step fwd on inside ft, lifting outside ft fwd, around, and back, in an arc about 20 inches off of the floor.

The International Waltz (continued)

- 3 Step bwd on outside ft (ct. 1), step on inside ft beside it (ct. 2), hold position, ft flat on floor, weight on balls of ft (ct. 3).
- 4 Step fwd on outside ft (ct. 1), hold (ct. 2,3). W does counterpart.
- II. Turn and Draw
- 5 Step fwd on inside ft, turning toe diagonally toward ptn (ct. 1), pivot inwardly toward ptn on ball of ft (M to R, W to L) dropping hds as you make a half turn (ct. 2,3).
- 6 Step on outside ft (M L, W R), pivoting on ball of the ft to complete a full turn and a qtr. (ct 1,2,3). End facing ptn, M back toward the center of room.
- 7-8 Join both hds with ptn. M steps to R on R (ct. 1), M draws L to R (ct. 2,3), M steps to R on R (ct. 1,2,3). W does counterpart.
- III. Cross Turn and Dip, and Trot and Dip.
- 9 M steps on L across in front of R (ct. 1). He touches R toe lightly on floor out at R side of L, keeping wt. on L (ct. 2). M. twirls around 1/4 to the L to face LOD (ct. 3). W does counterpart.
- 10 Assuming semi-oper. position (hands same as in CP, with both facing LOD) M and W step fwd on the inside ft (M R, W L), bending the knee in a slight dip (ct. 1). Hold (ct. 2,3).
- 11 Beginning M L, W R, move fwd in LOD with 3 smooth steps (ct. 1,2,3).
- 12 Step fwd on the inside ft (M R, W L), bending the knee in a slight dip (ct. 1) Hold (ct. 2,3).
- IV. Waltz
- 13-16 Assume CP. Beginning with M stepping back on his L ft, take four waltz steps while turning to the R. Finish with M facing LOD.
- 17-32 Repeat Part One.

Part Two

- I. Hesitation and Waltz
- 1 M steps fwd on L (ct. 1), M touches R toe fwd on floor (ct. 2,3).
- 2 M steps back on R (ct. 1), M touches L toe bwd (ct. 2,3).
- 3 M steps across in front of R with L ft (ct. 1), M touches R toe on floor at R side (ct. 2,3). (W steps in back with her R ft, touching L toe on the floor).
- 4 M steps across in front of L with R ft. (ct. 1), M touches L toe to L side, (ct. 2,3). (W steps in back with L, touching R toe to R side)
- 5 M steps back on L (ct. 1), M touches R toe diagonally bwd on R side, keeping all the wt. over the L (ct. 2), M makes a 1/4 turn to the R while retaining this position (ct. 3).
- 6 M steps fwd R (ct. 1), M steps on L to L side (ct. 2), M draws R to L, taking wt. on R and making a 1/4 turn to R (ct. 3).
- 7-8 Repeat the action of I meas. 5 and 6, completing R turn.
- Note: Except where otherwise notated, W steps are counterpart of M.
- 9-16 Repeat Part Two.

Part Three - Valse Bleue

- I. Bal. Walk, Twinkle and Waltz.
- 1 In vars. position, with wt. on R ft, both M and W step fwd on L ft and raise R ft out in front.
- 2 Both step fwd R, lifting L ft fwd and around in back of R, describing an arc.
- 3 Step back on L (ct. 1), step on R beside L (ct. 2), hold (ct. 3).
- 4 Step fwd on L.
- Note: The action of above 4 meas. is the same as that of Part One, I, Meas. 1-4, except that both M and W are working on same ft.
- 5-8 Beginning with R ft, waltz 4 meas, turning to R (CW). On the first waltz step W crosses from R to L side of M and remains there for

The International Waltz (continued)

- seven meas.
- 9 Both step fwd on the R ft (ct. 1), swing the L ft fwd (ct. 2,3).
- 10 Both take a long step bwd on the L ft (ct. 1), swing the R ft across in front of the L (ct. 2,3).
- 11 Step on the R on R ft, draw the L ft to the side of the R (ct. 1,2,3)
- 12 Step again to the R on the R, bringing the L ft up with a bal. step.
- 13-16 Beginning with the L ft, waltz 4 meas. turning to the L (CCW), W returning to M R side on the first meas.
- 17-32 Repeat Part Three.

Routine for the International Waltz

- Part I - repeat
 Part II - repeat
 Part I - repeat
 Part III - repeat
 Part I - repeat

(At end of this figure assume varsouvienne position)

Note: The International Waltz was first introduced several years ago and has been extensively danced in the Pacific Northwest. Part III was added more recently by the original choreographer, Lew Morrison, of Seattle.

* Let's Dance, February 1952

Blue Pacific Waltz* - (Henry "Buzz" Glass) Jub 703, Win 7609, Dec 27583, V 25-1019

Formation: Couples, ptns almost facing, in OP, joined inside hds extended bwd.

M's L hand over hip pocket, W holding skirt with free R hand. Line of direction is CCW.

Steps: Waltz, Balance, Step-swing, Waltz, Twinkle Step.

Meas.

Intro. Introduction, Balance Forward and Back

- 4 meas. Swinging joined inside hds fwd, step fwd on outside ft, M L and W R (ct. 1), place R beside L retaining wt. on L (ct. 2), hold with wt. on L (ct. 3). W same on opposite ft.

Swinging joined inside hds bwd, step back on R taking wt (ct. 1), place L beside R retaining wt. on R (ct. 2), hold with wt. on R. (ct. 3).

Meas. 1-2. W same on opposite ft.

Repeat the action of meas. 1-2 with bal. fwd and back.

I. (a) Step-Swing and Change Places

- 1 Almost facing fwd side by side, take a step-swing on the outside ft. M steps on L and swings R across L (cts. 1,2,3). W steps on R and swings L across R (cts 1,2,3). Joined extended arms swing fwd following body sway on step-swings.

- 2 Giving the W a lead by sweeping joined hands bwd, dancers release hands to change places with the following action: M makes one continuous R turn by moving swd R in back of W, making a 1/2 turn R on R ft (ct. 1) and completes turn stepping on L (cts. 2,3). W at the same time makes one continuous L turn by moving in front of the M to change places with a 1/2 turn on the L ft (ct. 1), completes turn stepping on R (cts. 2,3)

- 3-4 In opposite places rejoin inside hds and repeat the action of meas 1-2. W step L and swing R, and M step R and swing L. Repeat crossing as described above, the M making one turn L starting on L, and the W making one turn R starting on R.

Blue Pacific Waltz (continued)

- (b) Step Swing and Waltz
- 5 With partners directly facing, swing joined inside hands fwd, M's R and W's L, at the same time taking a step-swing.
M steps L and swings R across L.
W steps R and swings L across R (cts. 1,2,3).
- 6 Change hds, joining M's L and W's R, and take a step-swing slightly facing in a CW direction.
M steps R and swings L across R.
W steps L and swings R across L (cts. 1,2,3).
- 7-8 Assuming closed dance position, dancers take a R turning waltz, making one turn in 2 waltz patterns. M waltzes L,R,L and R,L,R.
W waltzes R,L,R and L,R,L (cts. 1-6).
- 9-16 Repeat action of meas 1-8, Step I. (a) and (b).
II. (a) Hesitation, Twinkle Step
Dancers take semi-closed dance position and face fwd in line of direction.
- 1 Step fwd on outside ft, M L and W R, swing inside ft, M R and W L, extending fwd with toe pointing downward (cts. 1,2,3).
Continue with a twinkle waltz pattern as follows:
- 2 Step fwd on the raised inside ft, M R and W L (ct. 1). Step fwd M L beside R and W fwd R beside L (ct. 2), turning to face ptn. Step in place M on R and W on L (ct. 3), at the same time turning to face CW.
- 3 Repeat twinkle step moving CW as follows:
M steps fwd with L and W R (ct. 1), M steps fwd R beside L and W L beside R (ct. 2), M steps L beside R and W R beside L with dancers ending facing CCW (ct. 3).
- 4 In semi-closed Position M steps fwd with R (ct. 1), closes L to R (ct. 2) (wt. on R) and hold (ct. 3). W steps fwd on L (ct. 1), closes R to L, wt. remaining on L (ct. 2) and holds (ct. 3).
- 5-12 Repeat the above action of meas. 1-4 3 times in all.
- (b) Walk Around
- 13-16 M: Step fwd on L swinging extended R fwd (cts. 1,2,3). Placing R in front of L (hook step) (ct. 1), the M turns L taking the wt. on the R (cts. 2,3). At the end of the hook step the M's ft are parallel. M facing LOD.
W: Step fwd on R, swinging extended L fwd (cts. 1,2,3). As the M does the hook step he leads the W in front of him CCW the W taking 1 waltz pattern L,R,L (cts. 1,2,3). W ends facing ptn, W's back to LOD.
Complete figure with 2 L turning waltz patterns, making almost 1 turn. M waltzes L,R,L and R,L,R and W waltzes R,L,R and L,R,L, (cts. 1-6).
At the end of the waltz, M again has back almost to the center, W almost facing center, ready to repeat dance.
Repeat the dance 4 times.
- Ending
- 1-2 M steps swd L facing ptn (cts. 1,2,3), closes R to L at the same time bowing (cts. 1,2,3).
W steps swd R (cts. 1,2,3) facing ptn, places L in back of R and does a curtsy (cts. 1,2,3). W's R and M's L hands joined.

Tango Waltz* - Col. DX 1218, Lin 152 "Tango Waltz"

Formation: Cpls in ballroom position in double circle with M back to center.

Steps: Waltz, Chasse (step, close, step), Dip, Waltz Balance.

- Measures
- I. To center and out, chasse, waltz.
 - 1-4 M beginning L, W R, take 4 slow steps (1 to each meas.) toward center of circle M bwd, W fwd.
 - 5-8 With W moving bwd, M fwd, take 4 slow steps toward outside of circle.
 - 9-10 Beginning M L (W R) moving CCW around the room, take 1 chasse (step swd, cts. 1,2, close, ct. 3.) Step swd, ct. 1, hold, cts. 2,3 with M R and W L ft pointed CW, raising joined hds above shoulder height and looking in the CW direction.
 - 11-12 Repeat action of Fig. I meas. 9-10 in the opposite direction.
 - 13-16 Take 4 waltz steps turning CW and progressing CCW around the circle.
 - II. Dip and Balance, Chasse, Waltz.
 - 1-2 Face CCW in open ballroom position. Step fwd on outside ft (M L, W R) (cts. 1,2,3). Step fwd on inside ft, turning toe slightly toward ptn and bending the knee in a slight dip (cts. 1,2,3).
 - 3-4 Bal. fwd on outside ft, bringing the instep of the closing ft to the heel of the supporting ft without changing wt. (cts. 1,2,3).
Bal bwd on inside ft, bringing the toe of the closing ft to the instep of the supporting ft without changing wt. (cts. 1,2,3).
 - 5-8 Repeat action of Fig. II, meas. 1-4.
 - 9-12 Repeat action of Fig. I, meas. 9-12.
 - 13-16 Repeat action of Fig. I, meas. 13-16.

Note: This dance may be used progressively in the following manner:
Dance one sequence with first ptn. During meas. 1-4 of the second sequence, back away from first ptn. During meas. 5-8 advance diagonally L to a new ptn. Finish second sequence with this ptn and begin another. The progression is made on meas. 5-8 of each succeeding sequence.

* Let's Dance, September 1951

Pride of Erin (Irish) Beltona BL 2452, Col. DX 1257, Danceland 253

- A. Ptns facing, hands joined, arms outstretched.
 1. Moving CCW st. 1, swing r.; 2. st. r., swing l; 3. st. 1, r, l; 4. turn facing CW and point r. ft.; 5-8 Repeat moving CW.
- B.
 1. Cross L. over R; 2. point r. ft. to side; 3 & 4. Reverse; 5. waltz step CCW turning back to back, rejoining hands in that position; 6. draw st. to the right; 7-8 repeat moving CW, ending face to face.
- C. In original position: 1. Bal fwd on l; 2. back on r.; 3-4 cross over with two waltz steps, lady passing under man's l. arm; 5-8 repeat.
- D.
 1. St. 1, close r; 2. st. 1 and swing r. across in front; 3-4 repeat to r.; 5-8 four waltzes CW in closed position.

This is the version as done in the Denver area. Descriptions of the dance may be found in "Old Time Dancing" by Sidney Thompson, John Dilworth, Ltd., London, 1950. Pp. 105-108 and "Folk Dances from Near and Far", Vol. IV, Folk Dance Federation of California, California Book Co., Ltd., Berkeley, California, 1948. P. 9

Espan - Kismet 116

Double circle, inside hands joined, facing CCW

- A. Step-swing-hop, step-jump-click, draw, draw
Same in RLOD
- B. Bal fwd and back (both hds joined)
Change places in 2 waltz steps turning CW. Repeat
- C. 2 solo waltzes to own R turning CW and 2 draw steps; Repeat to L.
- D. Bal fwd to ptn and back (R hds joined) and change places,
lady going under M's R arm; Repeat.

Viennese - Col 35416 to 35419; Dec 25004 to 25008; Col 35003 to 35006, V 250042,
250048 A, Dec 23888.

Basic R and L turns and open position fwd.
Swing turns R and L.
Open waltz with pivot, lady turning L and R, both turning.
Step-swing-hop, leap-lift;
Twinkle, and reverse twinkle.

Waltz Dances Involving Two Couples:

Little Man in a Fix (Danish) V 260059, 20449; HMV B 8839; MH 1054

Two couples facing in opposite directions form a line with M's L elbows hooked, trot (running steps) fwd. 8 meas.; extend line, holding hands, W run under arch the R hands across, running steps CCW 8 meas.; Tyrolean waltz 4 meas.; CP waltz 4 meas., repeat.

Waltz Country Dance (Scottish) Sicilian Circle formation. Bel ²⁴⁹⁴2452B

Men R hand to opp., bal. fwd. and back and change places; repeat 3 times;
All join hands and bal. fwd. and back, lady changes to R of R gent; repeat 3 times; CP waltz $1\frac{1}{2}$ around opp. couple and on to meet new couple.

Spanish Circle - V 25-1019 A, Meth 105 B, Fol 1047, Imp 1093

Two couples facing.
Bal. fwd., back, cross over; repeat 3 more times
Star R hand 4 waltzes; reverse
8 waltzes $1\frac{1}{2}$ around opposites and on to next.

Dutch Foursome* (Eng) London Record No. 734; Danceland 268.

Fig. 1 Sets of two couples (facing each other) arranged in a circle (as for Spanish Circle). Inside hds joined at about shoulder level, man's free hand best placed on hip and lady's hand holding her skirt. Man and lady will be on opposite ft for the dance.

8 measures.

A. Swinging inside ft out first, step-swing out and in on first 2 waltz meas. and walk fwd as in a R and L through three quick steps (third meas.) and point inside ft as you take partner's R hand and turn to face her. On next 4 meas. bal. fwd. and back and turning on a small axis, exchange places (L does not go under the M's arm).

8 measures.

B. Couples have now exactly changed places and the fig. is repeated to return them to original places except as the couples come back to place they face and join hands.

16 measures.

Fig. 2 (Couples are now side by side with the opposite L on the gent's L side). With the same step bal. as in Fig. 1, couples bal. fwd. and away from each other in two meas.; then as they swing back toward the other couple, they release hands and the gents (moving behind the ladies) do a $3/4$ turn to the L,

moving to change places with the opposite lady and to end up facing her. Ladies do the same, turning to their R. Taking the opposite lady as a new ptn, the fig. is repeated on the next 4 meas., again obtaining original ptns but in exchanged positions with the other couple. The fig. is repeated twice more to end up in original places but with the gents joining R hds and the L joining R hds over the gent's to form a R-hd star for the next figure.

Fig. 3 Couples move fwd. 3 waltz steps (don't slide on the floor with the waltz step) and take the fourth meas. to reverse direction (in place) while clapping on the 2 and 3 beats of the fourth meas. 3 more fwd waltz steps with the fourth meas. taken to face in to form a circle, clapping again on the 2 and 3 beats of the fourth meas.

Fig. 4 Joining hds to form a circle, couples bal. in and out, swinging hds in and out at shoulder height with only a slight dip (2 meas.). Then dropping the other couple's hds to break into 2 couples (inside hds joined), each couple steps 1 step away (inside ft) from the other couple on 1 meas. and the gent bows while the lady curtseys (ft behind) on the first two beats of the next meas. On the last beat of the previous meas., the gentleman steps fwd on his R ft to get into social dance position (this is tricky to do) and then on the last 4 meas., waltzes his ptn on to the next couple which was facing opposite to their line of progress.

* The Roundup, April 1952, pp. 6-7

SEE SECTION ON MIXERS FOR OTHER WALTZ DANCES

TWO STEP

Basic Step: Step, close, step.

Badger Gavotte - For 110 A, Mac 610 B, Dec 2565 A, Fol 1094, Lin 135

Facing CCW, inside hds joined

Walk 2, 3, 4, slide, 2, 3, 4, reverse; 8 two steps or 6 two steps and send lady on.

Narcissus - Imp 1043 A, Win 7601

CP. Touch, point, touch, point, slide, slide, slide to L

Repeat to R

Bal. L and R, step-swing L and R

4 two steps or 2 two steps and send lady on.

Oxford Minuet - Dec 25059 B, Imp 1061 B, Imp 1094 A, Win 7606

Facing CCW, inside hds joined

Walk, 2, 3, turn and point; reverse;

Step, point, step, point, step, point, step, point;

Repeat all;

8 two steps CP.

Manitau - OT 8007

CP. Touch, point, touch, point, slide, slide, slide, slide

Repeat

4 two steps

Walk fwd. 2, 3, point, back, 2, 3, point.

Canadian Barn Dance - Bel 2453 A, Col DX 1191

#1 English: Facing CCW, inside hds joined

Walk, 2,3, hop; walk bwd, 2, 3, hop;

Facing partner walk back 2,3 bow (curtsey);

Walk fwd to next lady

8 two steps.

Canadian Barn Dance (continued)

#2 United States:

Walk 2, 3, brush-swing; walk back 2, 3, brush;
 Walk sideways 2, 3, brush; back 2, 3, brush;
 Walk 2, 3, turn and point; repeat;
 2 two steps, send lady on.

Cotton-Eyed Joe - Imp 1045 B, Fol 1035 B, Col 20257, Mac 604

Semi-CP. Heel-toe; step, close step; repeat;
 4 two steps turning away from each other;
 4 push steps to L; 4 to R;
 4 two steps or polka steps CP.

Use own variations or Oklahoma, Denver, or Southern versions.

Laces and Graces - Imp. 1006 B, Sh 1-105, Fol 1047, MH 1002, Mac 633

Facing CCW, Inside hands joined
 Touch front, side, back, pivot
 Bal. R, L, 4 slides, walk fwd 4
 Repeat
 8 open two steps, 8 closed two steps.

Glow Worm Gavotte - Im. 1044 A, Mac 1010 B, Bro. 440, Shaw 1-105, OT 8804.

Facing CCW, inside hds joined
 #1 Walk, 2, 3, point; repeat and face ptn.
 Side, behind, side, point; repeat
 Cross, 2, 3, point; repeat
 4 two steps or 2 two steps and send lady on.

#2 Walk, 2, 3, 4; slide, slide, slide, dip; repeat
 Lady twirl, twirl, twirl, dip.

The Gay Gordons - In shoulder promenade position. Bel 2455, Win 7607, Col DX 1355

1 Walk in LOD with L,R,L,R, (reversing direction on last step);
 continue bwd in LOD with L,R,L,R.
 2 Repeat 1, starting in RLOD
 3 M takes 4 steps swd L while W does two solo turns under his R arm.
 4 In CP side, close to L twice (W cpt.)
 5 In CP, do 4 bal. 2 steps (described in English texts as 4 waltzes)
 "Old Time Dancing, "Sydney Thompson, P. 80

Boston Two-Step, Col DX 1191, Mac 1009 A, MH 3001, Lin 135

Facing CCW, inside hds joined.

#1 English:

Bal. out, bal. in
 Walk 3 and turn around
 Repeat but end facing ptns.
 Bal. L, bal. R.
 2 draw steps L, 4 bal. 2-steps (described in English text as 4 waltzes)

#2 United States:

Bal. in, Bal. out
 Cross over with 4 steps
 Bal. in, Bal. out
 Walk back, 2, 3, 4 and face ptn.
 Bal. L., Bal. R., twirl 2, 3, 4.
 4 two steps.

Desert Stomp* - Western Jub. Record No. 705 (Pauline and Harry Spino, Cal.)

Formation: Ptns facing, both hds joined, M's back to center. Steps described are for Gent, Lady does counterpart.

- Meas. 1-4 Step, close, step, touch.
 Step L to side, close R to L, step L to side, touch R to L.
- 5-8 Step, close, step, touch.
 Repeat count 1-4 moving in opposite direction.
- 9-16 Side, back, side, front, step, close, step, touch.
 Step to side with L, step R ft in back of L, step to side with L, cross R in front of L, step to side with L, close R to L, step to side with L, touch R to L.
- 17-24 Side, back, side, front, step, close, step touch.
 Repeat count 9-16 moving in opposite direction.
- 25-32 Stomp swing, stomp swing, stomp swing, stomp swing.
 Step on L, swing R ft across, step on R, swing L ft across.
 Repeat twice. STOMP and exaggerate this movement.
- 33-40 A dos-a-dos or back to back movement around each other, passing R shoulders, taking 4 two-steps for the movement. Starting on L ft.
- 41-48 A full individual turn away from each other, man turning L, lady R.
 Man starting with L ft. 4 two-steps for the movement.
- 49-52 2 two-steps in ballroom position, moving LOD and turning CW.
- 53-56 Open up to R OP, moving in LOD and walking 4 steps fwd. M starting on L ft.
- 57-60 2 two-steps in ballroom position as in count 49-52.
- 61-64 Open to Banjo position (RSP) man facing fwd, lady bwd and with R hips together. Walk 4 steps, man starting with L ft.
- 65-68 2 two-steps in ballroom position as in counts 49-52; 57-60.
- 69-72 On last 4 counts, lady R face twirls twice under gent's L arm as gent moves fwd with 2 two-steps.

NOTE: In counts 1-24 use a little hip movement. Dance can be used as a mixer by changing ptns on the turnaway or at the end of twirling lady to fwd. gent.

* Fiddle and Squares, Vol. 11, No. 7, May 1952

Progressive Two-Step* (Vienna Two-Step) (English) Progressive Two-Step - London 734

Position: Varsouvienne

Start: Both on the left foot.

Figure:

- I Walk 4 steps fwd and then 4 steps bwd to original place.
 Bal. lightly to the L and then to the R.
 Step on L and swing the R ft over it.
 Take a quick two-step to the R and diagonally fwd leading with R ft.
- II Heel and toe and two-step starting with the L ft and repeat the same with the R ft. In this part the movement should be diagonally fwd.
- III 4 two-steps fwd in LOD to end side by side to start.

Swanee River (David Pease) Rainbow 30099; Jub 706

Varsouvienne Position

- A. Slide 3 to 1, swing R.; reverse; stagger wk. 4 st.
 Repeat
- B. Starting L - 2 two st.; lady twirls twice under his R. as he does 2 two st. fwd; both turn away from each other with 4 two st.
- C. 6 polkas or 2 st. in CP, lady twirls twice
 Walk 2 (start outs. ft.) & 3 slides to L, swing R.
 Reverse
 6 polkas in CP, twirl lady twice to CP
 Walk fwd 2 & 3 slides to M's L, swing R, reverse (walk 1 st. to meas.)
 6 polkas in CP, twirl lady twice to CP
 Repeat 2 walks and 3 slides to L & R.
 6 two-steps in CP, twirl lady to starting position.

Altai - (Doc Alumbaugh) Sentimental Journey-Mac 639, 642; Bro. 430; Win 7601, Shaw 2-114

- Double O facing CCW, varsouvienne position
- A. Start L, touch front, side, st. behind, st. (grapevine), 2 step; repeat with R; repeat both
 - B. 2 st., 2 st., lady tns to R with two 2 st.
2 st., 2 st., man tns to L with two 2 st.
2 st., 2 st. both turn away from each other with 6 two st., man going to own ptn or to lady behind if it is announced as a mixer dance.

Maxina - Mac 632

Varsouvienne position

- A. Meas. 1-2 Slow walk 4 st. fwd both start L ft.
3-4 Walk 3 st. towards center, pivot and point, reverse
5-6 Walk 3 st. fwd, pivot and point, reverse
- B. 9-12 Pivot rocking step; st. L. bring R to L, back on L, bring R to L (1/4 tn CCW) repeat 7 times,
13-16 CP st. fwd L., R up to L dip, point L fwd, back repeat
17-19 Walk fwd 3 st., pivot and point; repeat twice
20 Drop L hds, lady does a 4 st. tn to R, man stepping in place.
21-24 8 two-steps in CP.

Down the Lane (Dorothy Martin & Maury Thompson) Mac 642, Shaw 2-111

Open position holding inside hds, face CCW

- A. Bal. fwd. on outs. ft., back, fwd, back;
Step kick, st. kick, st. kick, st. brush pivot
Repeat 5-8 in opp. dir. starting on inside ft.
- B. OP, walk 3 st. CCW, tn. & point; reverse
- C. 2 two st. lady twirls twice under M. R.; repeat twice more ending in skaters position (hand-shoulder or hand-waist)
- D. Walk diagonally to R 3 st. and swing, walk back 4 st.
Walk diagonally to L 3 st. and swing, walk back 4 st.
Stagger walk 4 st. fwd, pivot CCW with 8 st.
Repeat last line.
- E. Ending last time --after twirl add 2 two steps, 1 twirl, bal away, L. walks around, twirl, sits on M. L. knee.

Russian Two Step - Kismet 101 B, MH 1060

OP. Touch L toe by instep of R ft; point L across R;
Walk 3 st. and pivot facing RLOD; Repeat:
Pos de basque out, in, tn outward; repeat;
Walk 2, leap onto L, brush R; reverse
Pos de basque out, in; 2 two steps CP.

The Doll Dance (La Petite) The Doll Dance-Dec 25146 (Frank Carle); Bro. 472 or Dec. (Russ Morgan) will also do.

- Position: Ptns facing with palms of hds together. Gent's backs toward the center of the circle.
- Start: Gent's L and Lady's R. Directions are for Gent's.
- Fig. Step to the side on the L in LOD, cross the R behind the L and st. L to the side again (grapevine) (meas. 1)
Repeat the above moving to gent's R (grapevine R)
In Banjo position but still having palms together and R hips adjacent - two-step L and two-step R (ptns tning around each other in a CW rotation)

The Doll Dance (continued)

With L hips adjacent palms still together do 2 step L and 2 step R.
(Ptns. tn toward each other to change dir. of banjo).

Thing away from each other do a pivot in 2 steps to move in LOD during the pivot end facing ptn to step L to the side, close R to L and step L to the side again.

Repeat meas. 7-8 moving RLOD gent tning R face and L L. face to end in closed dance position facing LOD.

- a. Gent steps L in LOD, steps R fwd, crosses the L over in front of the R, steps back slightly on the R and steps fwd on the L (tango step).
- b. Steps fwd again on the R, crosses the L over steps back on the R slightly and steps fwd on the L.

Repeats Part b. above.

Transition: Lady does a R together R (two step R)

Gents walk L and R

Starting both on the L ft.

Grapevine L moving in LOD. (step fwd and to the side with the L ft, cross behind it with the R and step fwd with the L ft again, all in LOD) Grapevine R; repeat with grapevine to L and to R.

- * Transition: Lady does a walk L, R and step-close-step ending with wt. on L ft. Gents do a step-close-step to the L and step-close-step to R ending on R ft.

STARTING on gent's L and lady's R.

Walk two steps fwd (outside then inside ft) then tn toward each other to face RLOD during two steps in place.

Then steping in RLOD (still in closed dance position) by crossing gent's L over and lady's R over.

Again step twice in place while turning toward each other to face LOD then step fwd on inside ft. in LOD.

Repeat the step above: Walk and walk and turn-2-cross turn-2-cross.

In closed dance position do 2 two steps then turn lady under the joined hands to face to face position to start.

NOTE: If you are using the Russ Morgan recording you will go through the dance once and repeat up to * then start at the first again and all the way through. In the other recording there is also a repeat necessary to come out right with the recording. This time at the end of the grapevine steps.

SEE SECTION ON MIXERS FOR MORE TWO STEP DANCES

Schottische

Basic Step - 1, 2, 3, hop; 1, 2, 3, hop; step-hop, step-hop, step-hop, step-hop.
Lin 29, 721; Imp 1046, OT 8002; 4 Star 3312; Cap 40205

Couple Variations:

- | | |
|------------------------------|---|
| 1. St. hops fwd. | 11. Swd wiggle |
| 2. Rocking steps | 12. Cross hand pivot on 2nd & 4th st.hops |
| 3. Single solo turns outward | 13. 1 solo tn and rocking steps |
| 4. Double solo turns outward | 14. Diamond step (away and back) |
| 5. R. pivot in ROP | 15. Man kneel, lady around |
| 6. L. pivot in ROP | 16. Lady kneel, man around |
| 7. Double R turn in CP | 17. Dishrag turn |
| 8. One hand pull | 18. Cut swing |
| 9. Two hand pull | 19. One solo turn and cut-swing |
| 10. Clap and rumba wiggle | 20. Lady jump on 4th count. |

Progressive Schottische

1. Both do solo turns outward on 4 st. hops but men take lady behind them for new ptn.
2. Men move fwd each time on 1st or 1st 2 meas. and turn the next lady on 4 st. hops CP
3. Single circle facing center, hds joined. All Schot. to R, back to L., st sw 4 times; Repeat and finish facing ptn; Each schot. to R, back to L., R elbow hook with ptn and 4 st hop turn; Repeat schot. to the next person on his or her R. R elbow hook for the 4 st hop turn.

Napoleon* (Danish) MH 1054

Formation: Double circle, ptns facing, arms outstretched shoulder height, hands clasped.

- I. Four side-steps CCW; clap own hds, clap R hds with ptn, own hds, L with ptn, own hds, both with ptn, own hds. Four side-steps CW, repeat clapping.
- II. Ptns, hds clasped, double Tyrolean step, swinging inside ft over outside, turning from and toward each other and moving CCW in circle.
- III. Ptns, shoulder-hip position, take four hop-steps around, moving CCW in circle.

Repeat II and III.

* Singing Games and Folk Dances, John C. Campbell Folk School-Brasstown, N.C., p. 24

The Turner Schottische with couples in a promenade position around the room, in a circle of couples. Any good schottische music.

The firections are given for a women, man's directions in reverse unless otherwise stated.

1. Start on the outside ft. Take 2 schottische steps fwd; endwith the wt. on the inside ft.
2. (a) Step R, hop R, with L leg swing out back (knee slightly bent)
(b) Step L, hop L, and swinging R leg around to back
(c) Hop L, touch R toe back of L heel; Hop L, touch R toe out to side; Hop L, bring R ft to L, as in Korobushka
3. Repeat 1. and 2. and end the ftwork facing your ptn, girls outside and boys inside circle.
4. Both ptns step L, close with R, step on L beside R ft (twice)
5. (a) Clap hds - approach ptn with step, hop, step, similar to buzz step in square dancing. The clap and 1st step occur simultaneously.
6. Use "village swing", ptns R hds around the other's waist, L hand up, turn ptn $1\frac{1}{2}$ times around, ending with boys on the outside and the girls inside.
7. Repeat 4 and 5.
8. Use "village swing" and end it facing the original direction of circle of dancers.

May be done this way as a progressive, by approaching the next person in line atthe end of #7 before progressing into #8.

Danish Schottische - V 20075, Col 22178, Meth 102.

ROP, skater's promenade position.

- #1 - 1 Both start on R ft., do 2 running schottische steps fwd.
 2 Continue fwd with 4 step-hops.
 3 Repeat 1 and 2.
 4 Facing, join L hds, do 1 schottische step to R side, and 1 schottische step L till facing.
 5 Join R hds and turn with 4 step-hops.
 6 Repeat 4 and 5.

#2 - Skaters position.

2 schot. fwd both starting L ft; 4 st. hops; repeat;
 Hds on hips facing ptn, shot. to L and back to R; 4 st hops; (R hds) repeat, hds on hips facing ptn, schot. to L and back R passing back to back; 4 st hop solo turns to pos. facing ptn; repeat.

Road to the Isles - Imp 1005 A, MH 3003; Meth 110, Bel 2339.

Vars. position. Point L, 1, 2, 3; point R, 1, 2, 3; point L fwd and back;
 1, 2, 3, hop; 1, 2, 3 hop and turn
 1, 2, 3, hop and turn; step, step, step.

Triple Schottische - St F 5013 A; V 26-0017 (Column of 3's, odd one in front)

2 basic schot. fwd. forming line on last 4 step-hops
 2 basic schot. fwd with R under the L over on last 4 step-hops
 2 basic schot. fwd. with L under and R over on last 4 step-hops
 2 basic schot. fwd with R under and L over on last 4 step-hops, evens face odd
 2 pulling 1 with 1 basic schot. bwd.
 Likes R hand over, L hand back, circle L
 Repeat, sending odd one under to reform column of 3's.

Four Horse Schottische (Horse & Buggy, Tandem) Any good schottische music. 2 couples

1, 2, 3, hop; 1, 2, 3, hop; front couple break and go to rear
 1, 2, 3, hop; 1, 2, 3, hop; front couple backs under arms of rear couple.
 1, 2, 3, hop; 1, 2, 3, hop; rear couple goes under arms of front couple.

Korobushka - Kis. 106 B, V 26-5017 B, Imp 1022 A, Snt. M 583; MH 1059

Double circle, ptns facing, hds joined.
 Fwd 1, 2, 3, hop; back 1, 2, 3, hop; fwd. 1, 2, 3, hop; front, side, together
 Rt. 2, 3, swing; left 2, 3, swing; bal. fwd., back, cross.
 Repeat 2nd line
 Make progressive by stopping in front of new ptn.

Meitschi Putz di - Imp 1008, MH 1017

Double circle, ptns facing, hold R hds.
 A. Step, point, step, point, lady turns with step-hops;
 Back grip step-hop, step-hop, step-hop, right heel fwd;
 Slap thighs, hds, ptns hds 3 times;
 B. L, 2, 3, hop; R 2, 3, hop; 4 step-hop turn; repeat;
 A. Repeat A
 C. 1, 2, 3, hop; 1, 2, 3, hop; man down and lady goes 'round CCW
 Repeat with lady down
 A. Repeat A
 D. 1, 2, 3, hop away from each other; return; 4 step-hop turn
 1, 2, 3, hop away from each other; return; step-hop, step-hop down,
 jump (lift lady)

POLKA

Basic Step: Hop, step, close, step. OT 8005; St T-140; V 25-1009

Couple Variations:

1. Polka fwd, in ROP
2. Polka fwd turning face to face and back to back
3. 4 or 8 slides and back
4. R or L turns in CP
5. Heel and toe in CP
6. Heel and toe in shoulder prom. pos. - same foot
7. Heel and toe in shoulder prom. pos. opposite foot and lady crosses to man's L, repeat to R.
8. Heel and toe as in 6, send lady out to L of M; repeat, lady going under M's L arm.
9. Twirl.
10. Double time, heel and toe.

Kalvelis - Meth 101 A, V 14069 A, MH 1016, Imp 1136, Fol 1051. Circle Mixer. Single circle facing center, hds joined.

8 polka st. to L, 8 to R, chorus; ladies to center and out, gents to center and out, chorus; gd. R and L 16 meas., chorus.

Wooden Shoes - Imp 1007 A; Col 16082; Fol 1089

Facing CCW, inside hds joined.

- 1 - Start outside ft, walk fwd 8 st; reverse, walk 8 st. in RLOD; join R hds, turn CW 8 st.; join L hds, turn CCW 8 st.
- 2 - a. Face ptn. Hold 2 cts; stamp R, L, R, hold; hold 2 cts clap own hds 3 times, hold; shake R forefinger at ptn 3 times, repeat with L forefinger; M squats while W swings R hd around, doing complete L turn.
b. Repeat a. but with M swinging R hand.
- 3 - Shoulder prom., both on L, polka CCW 16 meas. Make this a mixer by man or lady moving fwd to next on last 4 st.

Ace of Diamonds - V 20989 A, Meth M 102 A, Sca 1121, HMV B2707, V 45-6169

Ptns. facing. Clap, rt. elbow turn; clap, l., r.; heel, r. heel, l., r., l.; 8 polka steps.

Shoemakers Dance - V20450; V 45-6171

Ptns. facing. Wind the thread, reverse; pull, pull, pound, pound, pound; repeat 8 polka steps.

Herr Schmidt. - FM 335 A; 4 Star 1296

Ptns facing, hds joined.

Bleking step L heel, R heel, L, R, L; R heel, L heel, R. L. R; repeat; 16 polkas CW in CP.

Norwegian Polka - St. F 5018 B, St 2012 B, V 25-0047 A, V 26-0029 A, MH 2001

Facing CCW, inside hds joined.

Walk, 2, 3, swing; reverse

Walk, 2, 3, 4, twirl 2, 3, 4.

Kohanochka - ROP, start outside ft. Kis. 101 A, Imp 1021 B, MH 1063

1 Meas. 1-2 Fwd. 2 polka steps, arms swinging,

3-4 Do outside solo turn with 3 steps and stamp

5-8 Repeat meas. 1-4

9-12 Ptns facing, then both walk to own R and swing L fwd; reverse and return to place.

Kohanochka (continued)

- 13-16 Facing, pas de basque to R, then to L; R turn once around in 3 steps and one stamp.
- 17-20 Clap hds twice and 3 bal. polka steps bwd.
- 21-24 Clap hds twice, then 2 bal. polka steps fwd; 3 stamps fwd., (passing R shoulders).
- 25-28 Repeat meas. 17-20
- 29-32 Repeat 21-24 but end facing ptn.

II meas. 1-8 same as in I above

- 9-10 Shoulder promenade position, polka fwd. on L, repeat bwd. on R (like rocking horse)
- 11-12 Polka fwd.
- 13-16 Repeat meas. 9-12
- 17-32 Same as 17-32 in I above.

Berlin Polka - Fol 1058 B; Imp 1151, Fol 1214

Facing CCW, inside hds joined
 Walk fwd 1, 2, 3, swing; reverse
 Face ptn 4 step-swing l, r, l, r.
 CP 4 polka st. CW

May add: 3 slides in LOD and pivot; 3 slides LOD, pivot.

VARSOUVIENNE

Basic Step: Long: sweep, step, step; sweep, step, step;
 Short: sweep, step, step, step, point.

For 103 A (2ls, 4s); Glo 5002 (2ls, 4 sh); Imp 1063 B (2ls, 4s ends with 2 extr
 Fol 1034 (2 longs, 4 shorts); Sh 1-103; Meth 107 (4 longs, 4 shorts) Jub 700
 Variations

1. Lady crosses to M's L and back on walk steps
2. Walk fwd 3 st. turn and point back on walk steps
3. Scotch roll-lady turns CCW in going to M's L on walking steps, repeat turning CW back to his R.
4. Same using ROP
5. ROP start outs. ft, walk, turn, point.
6. Lady toes out to M's L, then back under his arm
7. Lady goes out to M's L, then walks behind him to his R
8. Lady goes out to M's R and back
9. Lady goes out to Man's R and back, then out to L and back.
10. Solo turns on walking steps
11. Swing out to x hand pos. change places on shorts.
12. Back to back pos. - basic longs and shorts.
13. Five step walk and turn on shorts.

Mixer - Do "longs" same as basic. On "shorts" W turns out to front R; then back to place; then out to front L, then to next man back of original ptn.

Variation: On shorts, W turns out to front R as before; then crosses back of ptn in toward center of circle, turning and joining L hds with a new ptn; then crosses back to nes ptn to outside, turning and joining R hds with a new ptn; then goes to his side for start of new round.

Varsouvienne Waltz - Shoulder promenade pos. Both start on L, For. 110 B

- | | | |
|-------|-------|--|
| Meas. | 1,2 | Sweep, then 3 running st fwd and point R to front R |
| | 3,4 | Repeat, starting on R ft. |
| | 5,8 | Repeat meas. 1-4 |
| | 9,12 | Do one "long" to L and point R to R side. |
| | 13,16 | 1 "long" to R, but on last part W turns under M's L arm & they b |
| | 17,32 | In CP waltz in LOD |

Swedish Varsouvienne - Sca. 1120, HMV 8840, MH 1023

- 1 - ROP, W rolls in front of M to his L and touches L heel fwd while M steps in place and touches R heel fwd.
- 2 - Repeat, W returns to M's R side.
- 3 - Repeat Fig. 1 and 2.
- 4 - ROP, go fwd 2 mazurka steps.
- 5 - Repeat Fig. 1.
- 6 - Repeat Fig. 4.
- 7 - Repeat Fig. 2.
- 8 - CP, waltz 8 meas.

Varsouvienne Progressive by Three* - Folkraft F1034A "Put Your Little Foot"
(Herb Greggerson)

Position: Circle of couples in varsouvienne position.

1. Basic Varsouvienne Forward and Back.
Cross, step, close; cross, step, close and turn R around (Lady turns away from gent, keeping hd holds, and gent turns toward the lady to turn back. The gent pushes with his L hd and pulls with his R. The gent stays on the inside, lady remains on outside).
Cross, step, close; cross, step, close, and turn back again (End in CCW dir.
2. Progress by Three.
This section is danced to the short phrase of the music.
Dropping L hds but holding R, the lady crosses in front of the man moving toward the center of the circle while the man backs out. Dancers take a L, R, L, point R. End with man facing center and his ptn with her back to center. Man now gives his L hd to a new lady on his L as lady gives L to new man on her L. Taking L hds, dancers change places with their new ptns with the man moving to the inside and the lady to the outside of the circle. Thus dancers walk R, L, R, point L.
Man and lady again repeat action, the man and lady giving R hds to new ptns to their R to change places. Man now gives L hd to a new ptn to his L, lady likewise, and man wheels with his new ptn R, L, R, point L to assume original pos. (In this progressive part the men progress CW and the women progress CCW on each change).

* Foot 'N' Fiddle, November 1951, p. 14

MIXERS AND PLAY PARTY GAMESPop Goes the Weasel in 3's - Fol 1007, Meth 104, V 45-6180

- Walk fwd 12 steps, pop center one fwd
- Walk fwd 12 steps, pop center one back
- Walk fwd 8, circle L, pop center one fwd.

Butterfly in 3's - FM 335 B.

- Step-swing L and R moving fwd;
- Center person arms with one on R then L; send center person ahead.

Glow Worm - Imp 1044 A, Mac 1010 B

- Facing CCW, inside hds joined.
- Walk 2, 3, 4; face ptns and walk back 2, 3, 4.
- Walk fwd, 2, 3, 4 rt. hd turn with next lady 1, 2, 3, 4.

O'Susannah - Fol 1017 A Double Circle; Imp 1146; Mac 613

- From pos. Walk 16 steps fwd
- Ladies 4 steps toward center and out; gents in, and out;
- Grand R and L taking 7th lady as new partner.

Brown Eyed Mary - OT 8005 B, Jub 703; Double Circle

Prom. CCW 16 steps (Sing any 4 line nursery rhyme);

Turn your ptn half way round (R hd) then turn your corner lady

(L hd full turn); turn your ptn all the way round (R hd), promenade the fwd L.

Captain Jinks - Meth M103 B, Single Circle facing center, hds joined.

Fol 1070; Mac 609, Shaw 3-122

#1. Circle L 8 st, R 8 st.

1 st in, 1 st out, pass ptn and swing next.

#2. As taught by "Luke"

Formation: Couples in a single circle, facing in.

- Action:
1. When Captain Jinks comes home at night
He claps his hands with all his might
 2. Salute your ptn, smile so bright,
for that's the style in the army.
 3. Join your hands and fwd all;
Backward all, backward all;
Join your hands and fwd all,
For that's the style in the army.

Clap hands.

All bow to ptns.

Join hds in complete
cir. and march to the
center & back twice

SECOND PART: SAME TUNE

4. When Captain Jinks comes home to night,
The gentlemen passes to the right.
5. Swing your ptn so polite,
For that's the style in the army.
6. Promenade all around the hall,
Around the hall, around the hall;
Promenade all around the hall,
For that's the style in the army.

Gent crosses in front of
his own ptn & takes ptn
of on R.

Swing L once around &
keep her for new ptn.

Prom. CCW until song is
finished. Then start ov

Wink Your Eyes and Cross Your T's - Music: Little Brown Jug - Meth 107 (as taught by "Luke")

Formation: Double circle in promenade style with about 4 or 5 feet between couples, gentlemen on inside of the circle.

Action:

Call

Explanation

1. Couples separate if you please,
2. Wink your eye and cross your T's;
3. Swing with the lady on your right,
4. And promenade for half the night.
1. Gent takes 4 short st. bwd into the center and the lady 4 short st. bwd as she faces toward the gent.
2. With a wink and a nod (smile if you have to), ptns join R hds as they st. fwd, immediately passing each other, and "cross" to the opp. dir. The gent now faces toward his lady who is standing with her back to the center.
3. The gent now leads to the lady on his R (as he faces in) swings her and
4. They promenade for 16 counts.
One full strain of the tune when the call is repeated ad lib.

Pattycake Polka - Fol 1018 A; Col 20245 or Glo 5003; Mac 400; Imp 1117; Meth 107

Little Brown Jug

Semi-OP Heel, tow, heel, toe, slide, slide, slide; reverse;
Both and right, both and left, both and both, both and thighs;
Right elbow turn and on to the left.

Variation of line 2: 3 rts, 3 lefts, 3 both, 3 thighs.

Rig-A-Jig-Jig (as taught by "Luke")

Formation: Partners form a double circle, with the girls on the inside, and move CW about the circle.

Action:

Song

Explanation

Boys Sing:

Verse 1

As I was walking down the street
Heigho, heigho, heigho, heigho!
A pretty girl I chanced to meet,
Heigho, heigho, heigho!

The boys walk CW in a swaggering fashion around the circle, seeking a new ptn. Girls stand still.

Everyone sings:

Rig-a-jig-jig and away we go
Away we go, away we go,
Rig-a-jig-jig and away we go,
Heigho, heigho, heigho!

Each boy takes the hd of the girl who is nearest him, and they skip around the circle clockwise.

Heigho, heigho, heigho, heigho,
Heigho, heigho, heigho, heigho!

Partners swing.

Rig-a-jig-jig and away we go,
Heigho, heigho, heigho!

Partners again skip clockwise.

Boys sing:

Verse 2

Said I to her, "What is your trade?"
Heigho, heigho, heigho, heigho!

Boys shake finger at partners in rhythm.

Girls sing:

Said she to me, "I'm a weater's maid."
Heigho, heigho, heigho!

Girls Curtsy.

Everyone sings:

Rig-a-jig-jig and away we go
Away we go, away we go,
Rig-a-jig-jig and away we go,
Heigho, heigho, heigho!

Partners skip around the circle this time moving CCW.

Heigho, heigho, heigho, heigho,
Heigho, heigho, heigho, heigho!

Partners swing.

Rig-a-jig-jig and away we go
Heigho, heigho, heigho!

Partners skip CCW.

Circassian Circle (as taught by "Luke") Use any good two step tune.

Formation: Large circle of partners facing the center, holding hands. Men with partners at their right.

- Action:
1. With hands joined, all walk 4 steps toward the center of the circle, 4 steps back to place. REPEAT.
 2. Ladies go to the center and back to place, 4 steps each way. Then men do likewise, except that instead of returning to place, they turn to their left and take as a new partner the girl who was at the left.
 3. Using a two-hand swing, the partners lean away from each other and skip around each other, p6 skips.
 4. All promenade around the circle, girls on the outside, boys on the inside holding hands in skating position. Move fwd in this manner for 16 steps or skips. When music begins from the beginning, so does the action

Spinning Waltz (Finnish) Lin 72-B, Imp 1036 A, Mac 607, Meth 110

Step-swing L, R, lady turns under
Reverse, man turns under
2 draw steps to L, 2 to R;
2 waltzes, send lady on.

Five Foot Two - Ron 186 B (Double Circle facing CCW Vars. position)

Two step L, two step R, walk 2, 3, 4; repeat
Join L hand with lady ahead; bal. fwd, back;
Break with the L, go $\frac{1}{2}$ around; bal. fwd., back;
Break with the R, and turn $\frac{3}{4}$ around (to L taking new ptn.)

Family Waltz (Danish) MH 1057 or any slow Scandinavian waltz. Single circle facing center, hds joined.

Bal. towards ptn (st-swing), to corner, to ptn, to corner;
4 waltz steps CW in CP.

Susan's Gavotte - Mac 310 A, Meth 113, Bro 416 (Susan Gentry) Double circle, inside, hands joined.

Walk 4, slide 4 (facing); reverse;
St-swing L, R. L. R.; walk 2, 3, swing; reverse;
Four 2 steps face to face, back to back; 4 2 steps doing solo turns.

Oh Johnny - Imp 1099, Jub 703; Fol 1037; Mac 646, Imp 1099

Single circle facing center, hds joined.
All join hands and circle the ring (to R); stop where you are and give her a swing (ptn); now swing the girl behind you, then your own and I'll remind you; allemande L with the corner girl and do sa do your own; then we'll all promenade with that sweet corner maid, singing "Oh Johnny, Oh Johnny, Oh".

Lotte Walked - FM 336; V 45-6170 - Partners facing, stamp, close, to M's L 4 times; then 7 quick slip-steps to R; then 8 steps in LOD, M giving W his R arm in ROP, then drop hds, M folds arms and continues in LOD while W reverses, holds skirt, and goes in opposite direction 8 steps. Take both hands with nearest girls to repeat all.

Tucker Waltz - Imp 1064; Shwa 3-121 or use any good two step and waltz combination with one 10 inch and one 12 inch record on turntable and switch occasionally.

Double circle with 1 or more odds in center.
2 step fwd in shoulder prom. pos. to 2 step music. Odds cut in and men cut out roll L about taking ptn of the man behind. All men with ptns waltz when music changes.

Oklahoma Mixer - Fol 1035 A, Imp 1046 B, Col 20117, or any good schottische.

Facing CCW Vars. Position

2 step L, 2 step R, walk 2, 3, 4

Heel, toe, lady to center, heel, toe, lady returns.

Variations include double timing; ladies return by going in back of ptn; progress by lady going to next man behind; and ladies taking the men's position on inside. (Also called Texas Schottische, Josephine, etc.)

Circle Two Step

Promenade - men dance with lady behind

Promenade - men (or ladies) reverse - dance with new ptn on signal

Circle L - dance with lady on the L

Ladies in center, circle L; gents on outside, circle R - dance with new ptn. on signal.

Ladies inside, gents outside, make a basket and circle L; dance with L. hand lady

Promenade 4 x 4, circle 4, dance with opposite.

Ladies on one side, gents on other - gents rush

Ladies on one side, gents on other - ladies rush

Ladies on one side, gents on other - all face out, walk bwd, dance with one you bump.

Grand R and L, dance with new ptn. on signal.

Multiplication Dance

1 or more couples start dancing as music starts, when music stops each person takes a new ptn from those not dancing. Continue until all are dancing.

Broom Dance

One lady or man with broom in center of floor while others are dancing. When music stops all change ptns (one in center drops broom and gets a ptn). The one left with no ptn gets the broom until the next break.

The Roberts - Beltona 2457 (Rik-Ma-Ree); Win 7607

Ptns. facing, man on inside of circle

A. 2 step-close to M's L, turn away from each other once around with 4 st.; repeat

B. In OP outs, foot heel, toe, one 2 step fwd; repeat with inside ft.

C. 2 2-steps in CP turning CW, send lady on.

All American Promenade (Doc Alumbaugh) Windsor 7605

Double O facing CCW, inside hds joined.

A. 1-4 Start with L walk 4 st. fwd, turning on 4th to face CW, joining opp. hds.

5-8 Walk bwd 4 st.

9-16 Repeat 1-8 in opposite direction

B. 1-4 Bal. out, bal. in

5-8 Chge places, lady doing full L. turn

9-12 Bal. in, bal. out

13-16 Lady swings over to R of man, then with an extra CW turn goes to the man behind.

Sisken - Fidelity 5001

Double circle facing ptn., man with back to center

Meas. 1-4 4 st. away from each other (motioning "go away")

5-8 4 st. to meet next lady to L (motioning "come to me")

9-16 Clap both & R, both & L, both & both, clap, pause, clap, clap

17-32 Hop waltz in CP.

Bachelor's Waltz (Ungkaka's Dans) Fidelity 5001

Cpls facing - gent's L, side to center of circle

- Meas. 1-4 R hd turn with ptn once around (4 waltz st.)
 5-8 L hd turn with corner once around (4 waltz st.)
 9-12 R hd turn with ptn once around (4 waltz st.)
 13-16 2 steps toward corner and on 3rd, turn her under M's L hd, lady curtsy and M bow on 4th
 17-32 Bal. (Tyrolian) waltz steps, 4 waltzes in CP turning CW;
 repeat balances and waltzes.

Mexican Mixer (Cielito Lindo) V 21235, SR 188B, Shaw 3-118

Cpls. facing CCW, inside hds joined.

4 open waltzes (diamond pattern), 7 CW waltzes in CP and turn lady under L arm;

Bal. fwd (both on R), bal. bk, 6 st. fwd, passing ptn, and next lady;
 Repeat.

Bal. fwd., bal. bk., waltz 8 meas. CW.

Eide Rates - Imp 1004, MH 1018

Cpls. in double circle facing CCW. OP.

- I Meas. 1-2 Leap slide cut (outs. ft.), repeat
 3-4 Turn CW in cpls. with 6 run. st.
 5-16 Repeat 3 more times
- II 1-4 Waltz bwd away from each other (hds on hips)
 5-8 6 R. st. towards each other, hook R elbows, turn CW $1\frac{1}{2}$ with
 6 R. S. (Man now on outside of circle)
 9-16 Repeat 1-8 but M hook L elbow with W on his R.

Road to the Isles Mixer

Single circle of cpls, hds joined.

Use same step pattern as Road to the Isles as a couple dance. On last 3 steps, men step in place and ladies cross in front of men to stand on their R side. Repeat.

Lemon (or Flag) Dance

Give a lemon or flag to each of several men, ladies, or both. They cut in on other couples by giving the lemon or flag to a dancer and taking his or her ptr

Other mixer dances that are described in other sections include Wooden Shoes, Pattycake Polka, Kalvelis, Lili Marlene, Waltz of the Bells, Narcissus, Badger Gavotte, Swedish Masquerade, Spinning Waltz, Cielito Lindo, Doris Waltz, Ski Lodge Waltz, Korobushka, Progressive, Schottische, Altai, Ten Pretty Girls

NOTE: Any waltz, two step, or polka may be used as a mixer by having the ladies progress on last two measures.

MISCELLANEOUS

Lili Marlene - Mac 310 A, Bro 416, Imp 1145, Meth 113. Ptns. facing CCW in Vars. Pos

1. Walk fwd 4 st., 4 slides diagonally L; repeat sliding R;
2. Step-swing L and R, 4 slides L, repeat sliding R;
3. R elbow hook 4 steps, L elbow hook 4 steps;
4. Slide 4 to L and 4 to R.

Variations of line 3 and 4 include: lady walks 8 steps completing circling man while holding both hds, both walk in outward circle 8 steps; R elbow turn with pt. L elbow turn the lady behind and take her as new partner.

Side by Side - London 238, Col 39514 (Roundup, May 1952)

Formation: Lines of several persons side by side. Start L ft.
 Point, kick, grapevine to R. Repeat opposite. Repeat all.
 3 stagger st. fwd, bleking st. (R fwd, L fwd, R.L.R.)

Gypsy Wine - V 25-0031 A, Mac 610 A

RSP Walk 2, 3, 4; turn 2, 3, 4; walk 2, 3, 4; turn 2, 3, 4
 6 polka steps; twirl 2, 3, 4.

Hot Pretzels - V 1009 A, Cap 4016. Cples or any number facing CCW

Left heel, 1, 2, 3; right heel, 1, 2, 3; left heel, 1, 2; walk 2, 3, 4;
 step-bruch, 1, 2, 3.

LaRaspa - Meth 106 A; Col 6190

LSP, hds joined, start on same feet.

Fig. 1 - Slide R ft fwd (and L bwd), L fwd. (and R bwd). Reverse again.
 Repeat starting on L.

2 - Repeat Fig. 1 in LSP.

3 - Repeat all.

4 - Hook R elbows, run 7 steps CW, disengage arms, clap own hds once.

5 - Repeat Fig. 4 except hook L elbows and turn CCW.

6 - Repeat Fig. 4.

Ten Pretty Girls (Hold That Line) Glo 5003, Mac 605, Meth 110, Fol 1036, OT 8004

Any number facing CCW

Left front, side, 1, 2, 3; right front, side, 1, 2, 3, walk 2, 3, 4; swing
 fwd, back, step, step, step; Repeat starting R ft. Make progressive by having
 M or W move fwd on last 3 steps.

Troika (Trio Facing in LOD) M in center with W on each side, Kis. 104 A, Meth M105A, MH 1059

1. Run 4 st. diagonally to R then 4 st. diagonally to L. then 8 st. fwd. (or
 8 fwd, 8 bwd.)

2. R hd W goes under arch, M also; L hd W goes under arch, M also;

3. 3 join hds, circle L 12 st., stamp 3 times; circle 4 12 st. and stamp 3
 times. Can be made progressive by M moving in LOD on last meas. to new
 group.

The Crested Hen - One M, 2 W. V 21619 B, HMV 2707; V 45-6176. Sets of 3

1. Join hds, circle CW with 7 step-hops and jump on both ft; repeat CCW.

2. W drop joined hds, and R hand W goes under arch in 4 step-hops; M also;
 then L hand W goes under arch in 4 step-hops, M also; repeat.

Jessie Polka Any good polka or two step record. Cryst. 108 Calico Polka; Windsor 7104; Intro 7005; Jub 801; Sets in Order 2005-6

OP. Touch L heel fwd, R toe bwd, R heel fwd, L heel fwd;

Sweep L ft bwd, across R and 4 two steps or polka steps fwd.

Corrido - CP. Col. 6196 X Eso Si . . . Eso No, Imp. 1137 (CP, man on inside)

Fig. 1 - Step-close to R (CW) 10 times.

2 - Grapevine 7 meas.; 2 stamps and hold

3 - Step-close to R 4 times; then soldado step for 7 meas., 2 stamps
 and hold

4 - Repeat Fig. 2

5 - Repeat Fig. 1

6 - M does cross-step with R, then repeats with L; solo turns L to face
 ptn (W cpt.)

7 - Repeat Fig. 6 three times, 2 stamps and hold on last one

8 - Repeat Fig. 3

9 - Both do grapevine step 1 meas.-then M does another grapevine step while
 W does 2 complete R turns.

10 - Repeat Fig. 9 three times, on last meas. 2 stamps, hold.

Carlyle - Fol 1035 A

CP. Step, cut, cut, point; repeat;
Two step, two step, slide, slide, step, cross.

Swedish Hambo - Sca 1105 B, Sca 3418, St 2023 A, St. F 5001 A, Dec 45045 B, Lin 125, 126; V 26-0055 B, St. 2028 B

Facing CCW, inside hds joined

Meas. 1-2 2 Dal steps fwd.

3 3 running steps fwd.

4-7 4 Hambo steps, turning CW

8 3 steps in place as ptns go back into ROP

Dinky One Step (Eng) Col DX 1368 or any good march or two step

CP, man facing LOD

Touch outside ft. fwd. (1-2) then back (3-4), walk 4 fwd.

Repeat

Touch L ft. out and bk., R ft out and bk. (4)

Bal. L and R.

Walk fwd 4 steps, 4 st. twirl in CP.

Eva Three Step - Col DX 1257; Cap 32028 Teddy Bear's Picnic

Inside hds joined facing CCW. Start outside foot.

1 - Walk 3 stp fwd, touch ins. ft., near instep of outs. ft.

2 - Repeat above but change places, M crossing diagonally to R in front of L.

3 - Repeat 2 back to original side

4 - Man walks bwd, lady fwd, meet facing each other

5 - 2 two steps turning away from each other

6 - Facing, hds joined - st. swing to M. L., then to R.

7 - 8 - 4 two steps in CP turning CW.

Spanish Schottische - Labios de Coral Imp 1192

Open position

St, st, dip fwd, st. back, touch, touch, touch

St, st, st (facing) touch outs. ft. twice

St. across, touch, st. across, stand

Touch out, touch in front, st., st., walk around in 4 steps

Touch out, touch in front, st., st. twirl twice in CP.

Ladies Whim - Kis 104 B, MH 1061

Shoulder promenade position;

Walk 2, 3, pivot; reverse; walk bwd. 4 (with lift)

Walk 2, 3, pivot; reverse; lady 4 turns under M's R

Both solo turn away (1 turn and walk 2, 3, close, or double turn);

Repeat in RLOD;

Bal. fwd., bwd., cross; repeat.

Seljancica Kolo (Djacko, Student's) St. 12002; MH 1006

Single circle or broken circle. No partners. Hands joined.

Meas. 1-8 I - R, L, R swing; L, R, L, swing; Repeat

1-4 II - R, swing, L, swing, R swing, L swing

III - To R with 4 hop, step, draw steps, Repeat to L.

Nebesco Kolo - Balkan 513, MH 1003 B

Single Circle or Broken circle. No partners. Hands joined.

A. Swinging arms, touch R fwd, bk, fwd, bk.

B. Pas da basque r, l, r, l, stamp

C. 2 polkas CCW, st. st. polka (turning opp. direction;) repeat CW.

Rumunjsko Kolo* (Roumanian) Balkan 525 B "Rumunjsko Kolo"

Formation: Broken circle; hds joined hip level, shoulders & arms relaxed.

Leader at R end of line.

Steps: Rocking step, step-hop, running step.

Measures Introduction: The group may wait 4 meas. and begin the dance on the rocking step, or they may begin with the first beat of music, using the step described as II, and have no formal introductory music. This arrangement has the wait of 4 meas.

I. Rock and Stamp

1-4 Face into the center of the circle with hds joined, low. Arms and hds move fwd and bwd easily with the normal rhythmic movement of the body. Rock fwd onto R ft, crossing R ft diagonally over L, displacing L, at same time lifting L behind R, L knee bent (ct 1) rock bwd onto L, lifting R ft in front (ct 2), rock fwd onto R (ct 3), swing L ft fwd and diagonally over R, at same time hop slightly on R (ct 4); step onto L in original place of R, displacing R (ct 1), rock bwd onto R (ct 2), rock fwd onto L (ct 3), swing R ft fwd and diagonally over L, at same time hop slightly on L (ct 4); step onto R in original position of L (ct 1), rock bwd onto L (ct 2), rock fwd onto R (ct 3), bring L ft beside R (do not step onto L) (ct 4); stamp on ball of L ft 3 times beside R ft without taking wt on L (ct 1,2,3), hold, keeping wt on R ft (ct 4).

Note: A slight leap is used on each fwd and bwd "rocking" step.

5-8 Repeat action of meas. 1-4, beginning the rock on the L ft and finishing with 3 stamps on R ft.

II. Step-Hop, Running Step

9-10 Face CCW in circle. Beginning with R ft move in LOD with 2 step-hops (R,L) Continue in LOD with 3 running steps (R,L,R) and 1 hop R. On the hop turn 1/2 L to face in CW direction.

11-12 Beginning by stepping bwd on L, repeat action of meas. 9-10, moving bwd in CCW direction. On last hop turn 1/4 R to face center of circle. Repeat all of dance as many times as desired.

Note: The steps may all be performed in a circle formation, or the leader may lead the group in many serpentine patterns. All steps should be small and done well under the body. Stand straight but relaxed - no tension in the arms or legs (especially the knees). Rocking is done with the knees, not with the body.

*Let's Dance, March 1952, p. 14

Three Step* (An Old-Time Ballroom Dance) "Moonwinks," Macgregor 611, Decca 25061, Imp 1046. Other slow waltzes can be used.

Formation: Couples in closed dance (ballroom) position.

Directions are for gent, lady does counterpart.

Measures: BASIC FORM

1-2 3 slides to gent's L (ct 1,2,3). 1/4 CW pivot and 3 slides to gent's R.

3-4 Gent starting with L ft between ptns feet, pivots CW in 3 steps. (ct 1,2,3). Then gent dips back R (lady fwd L) (ct 1), steps fwd L,R, (ct 2,3).

This is a ballroom dance in which everyone uses his own variations. Here are a few suggestions.

I

1-2 In semi-closed position (both facing fwd), walk fwd 3 steps. Keeping hand holds, turn in toward ptn to face opp. dir. and walk fwd 3 steps.

3-4 Lady turn R under gent's L arm in 3 steps as he marks time. Dip back R and walk fwd L,R, as in BASIC.

Three Step (continued)

II

- 1-2 Gent walks fwd L, R, lady back, R. L, then gent dips fwd L, lady back R.
Repeat, gent walking bwd R, L, and dipping back R.
- 3-4 Release hds and turn away from each other with 3 steps.
Take ballroom position and dip, 2,3 as in BASIC.

III

- 1-2 In OP step fwd L, swing R fwd (meas 1), swinging joined hds fwd.
Turn in toward ptn to face opp. dir. and change hds,
Step R, swing L fwd, swinging hds fwd until almost back to back.
- 3-4 Walk bwd in this position 3 steps, then tent brings L arm down, between
and up over lady's head, marking time as she turns R face in 3 steps.
- 5-6 In ballroom position, 3 slides as in BASIC but turning CW almost in
place while pivoting on L and pushing with R. Then continuing CW pivot
shift wt to R and push with L.
- 7-8 Meas. 3-4 of BASIC.
- *Sets in Order, April 1952, p. 34.

Three Men's Reel* (Tre Mands Reel from Salling) (Danish)

Formation: 1 man and 2 women

- 1-8 I. a. Circle CW, buzz steps, all small circles ending in longways
formation with the man in the center.
- 9-16 b. Man faces woman on his right; both dance reel steps ending with 3
stamps. (Cut swing from in back).
Repeat facing woman on left.
- 1-8 II. a. Grand R and L walking steps. Man turns woman on his L with R arm
once around, other woman L arm once around and again woman on his
L R arm once and a half around leaving her in the center.
- 9-16 b. Woman in center faces man with whom she turned and repeats reel
steps and three stamps.
Repeat facing other woman.
- 1-8 III. a. Grand R and L walking steps. Woman in center turns the other
woman once around R arms, then the man once around L arms, R arms
with the woman again once and a half around, leaving her in the center
- 9-16 b. Women reel ending with 3 stamps. Woman in center faces the man
and repeats reel and 3 stamps.
- 1-8 IV. a. Grand R and L is repeated. Woman in center arms first with
the man, R arms, once around to place, L arms with the other
woman once around, R arms with the man once and a half around.
- 9-16 b. Small circles spread out over the floor, circle CW, buzz steps.

*Folk Dances, George & Marguerite Bidstrup, pg. 3

California One-Step* "Hurry, Hurry, Hurry," Windsor 7105; Mac 657. 4/4 tempo.

Gordon Moss and Crissy Pickup of S. California)

Formation: See each Figure. Directions for gent, lady does counterpart.

Opener

- 1-2 Do meas. 5-6 of Fig. I.
- 3-4 Do meas. 5-6 of Fig. II.
- 5-6 Do meas. 1-2 of Fig. III.
- 7-8 (Transition) In closed dance pos., both facing LOD, step fwd L in
LOD (ct 1, hold 2), step fwd R in LOD (ct 3, hold 4); do 2 two-steps
fwd in LOD starting L (ct 1 & 2, 3 & 4).
- 9-10 (Tag) Lady does 2 R face twirls under gent's L arm (2 steps to each
twirl), as gent walks fwd in LOD 4 steps L, R, L, R (ct 1,2,3,4);
Immediately go to open dance pos (lady on gent's R, inside hds joined),
and step fwd L, brush R fwd (ct 1, hold 2), hop on L, point R, step
fwd R (ct 3,4).

California One-Step (continued)

- Figure 1: Closed dance position, both facing LOD
- 1-2 Walk L, R, L in LOD (ct 1,2,3), pivot on L to face ptn and cross R behind L (ct 4). Step L in LOD, brush R fwd (ct 1&, hold 2), hop on L, step R in LOD (ct &3), step L in LOD, at same time turning toward ptn to face RLOD (ct 4).
 - 3-4 Walk R, L, R in RLOD (ct 1,2,3), pivot on R to face ptn and cross L behind R (ct 4). Step R in RLOD, brush L fwd (ct 1&, hold 2), hop on R, step L in RLOD (ct &3), step R in RLOD, at same time turning toward ptn to face LOD (ct 4).
 - 5-6 Walk L,R,L in LOD (ct 1,2,3), pivot on L to face ptn and cross R behind L (ct 4). Step L in LOD, brush R fwd (ct 1&, hold 2), hop on L, point R, step fwd R (ct &3,4).
 - 7-8 Repeat meas. 7-8 of Opener.

- Figure 2: On 1st two step of meas. 1, move fwd and away from ptn to assume OP, inside hds joined, facing LOD.
- 1-2 1 two-step fwd starting L (ct 1&2), step back R (ct 3), step back L pivoting toward ptn to face RLOD, changing hand hold, (ct 4). Step R in RLOD, brush L fwd (ct 1&, hold 2), hop on R, point L, step fwd L (ct &3,4).
 - 3-4 Repeat meas. 1-2 facing RLOD, starting R.
 - 5-6 1 two-step fwd starting L (ct 1&2), step back R (ct 3), step Back L pivoting toward ptn to face RLOD, changing hand hold (ct 4). Step R in RLOD, brush L fwd (ct 1&, hold 2), hop on R, step L in RLOD (ct &3), step R in RLOD, at same time turning toward ptn to face LOD (ct 4), end in closed dance pos., both facing LOD.
 - 7-8 Repeat meas. 7-8 of Opener.

- Figure 3: Closed dance position, both facing LOD
- 1-2 Walk L, R in LOD (ct 1,2), do a 2-step pivot (facing Ptn, place insteps or R ft adjacent and parallel, pivot CW-gent steps L, R as lady steps R, L (ct 3,4). End in closed dance pos. both facing LOD, then step L in LOD, brush R fwd (ct 1&, hold 2), hop on L, point R, step fwd R (ct &3,4).
 - 3-6 Repeat meas. 1-2 two more times.
 - 7-8 Repeat meas. 7-8 of Opener
 - 9-10 Repeat meas. 9-10 of Opener

Repeat dance from Figure I two more times to complete record.

*Sets in Order, August 1951, p. 34

Sellinger's Round (Eng). V 20445, HMV 8686

Single circle facing center, hds joined.

A. Slip st. L and R

B. Chorus: fwd with singles and back with a double, set, and turn single;
Repeat all

C. Siding over and back 8 cts. pass L shoulder & R; Repeat.

B. Chorus

D. Arming R and L

B. Chorus

Royal Empress Tango* - Col DX 1218, Lin 152 Royal Empress Tango

Formation: Cpls in ballroom dance position, M facing in line of direction CCW

Steps: Walk, point, two-step, chasse (step, close, step).

Measures Directions for M, W does opposite

I. Walk and Chasse

1 Beginning L, take 2 steps fwd slowly leaving knee relaxed on 2nd step

2 Beginning L, take 2 steps bwd.

Royal Empress Tango (continued)

- 3 Beginning L, take 1 chasse slightly diagonally L (turn R slightly so that L shoulder leads).
- 4 Beginning R, repeat 1 chasse diagonally R (turn L slightly so that R shoulder leads). Finish facing the center of the room in OP.
- 5 Beginning L, walk 2 steps toward center of room.
- 6 Continuing in same direction, chasse L turning inward on the last step to face away from center of room and point R ft fwd. M L and W R arm are curved high on turn and point.
- 7-8 Beginning R, repeat action meas. 5 and 6 moving away from center. On chasse step the W turns slightly to R as M maneuvers her around to his R side and they finish in OP, keeping extended hds joined, facing line of direction.

II. Pivot, Walk and Point, Two Step

- 9 Beginning L, walk 2 steps fwd
- 10 Beginning L, pivot once around to R on 2 steps in closed ball-room pos.
- 11 Beginning L, walk 2 steps fwd in OP (extended hds joined).
- 12 Point L ft fwd, step on L. Keeping ft apart, turn inward toward ptn to face in CW direction and point R. On point, extended hds are curved high.
- 13-14 Beginning R, repeat action of meas. 11-12, moving CW and finish facing CCW.
- 15-16 Beginning L, take 2 two-steps in closed dance position while turning R.

Finish with M facing CCW, ready to repeat dance from beginning.

Note: Rotary waltz or rotary chasse is the term used by the English for this two step (meas. 15-16).

*Let's Dance, February 1951.

EUROPEAN QUADRILLES

The Hatter (Danish) V 20449, Col DB 1799, Sca 1121, V 20449

1. Circle L with buzz step.
Chorus: Facing corners, stamp 3 times, clap own hds 3 times; repeat; face ptns and repeat all. Gd. R and L with step-hops
2. Ptns buzz-swing and chorus.
3. W form basket and buzz CW; chorus
4. M do Fig. 3
5. All form basket and buzz; chorus.
6. W form star and buzz CW; chorus
7. M do Fig. 6
8. Same as Fig. 1 without chorus.

Cumberland Square Eight (English) Fol 1005 A, Col DB 2259, Col 33505, Meth 109, Dec 12249, Dec 75002-B, Fol 1209

1. Heads chassez across and back; sides the same.
2. Heads R hand star and back; sides the same.
3. Heads make a basket, circle CW; sides the same.
4. Skater's promenade around, using two-step.

Gustaf's Toast (Gustaf's Skoal) (Swedish) V 20988A, Col DB 1800, Col A 3046, Meth 108, V 45-6170

1. Head cpls fwd and bk, sides the same; repeat all.
2. Side cpls join near hds and make arches, outs. arms on hips.
Head cpls fwd, take opp. and go under near arch separate and W goes R and M to L to peek thru crooked arms at ptn; clap hds and run to ptns for quick buzz swing; then make arches.
3. Side cpls repeat Fig. 2.
Odd persons act as thieves, cutting in on the swings.

Italian Quadrille (Italian). Oliver 202, Har. 2051 B, Imp 1054 A.

1. Join hds circle L 16 steps; back to R 16 steps.
2. Head cpls fwd and bow, back to place, fwd, again; return with opp.
3. Side cpls same.
4. Repeat 2 and 3.
5. L hand star, walk 6 st. and men move up to next, repeat 3 times.
6. Cpl 1 lead into 2 lines-facing
7. Men fwd, bow, and back; ladies the same
8. Reel #1 starts, others follow-down and back.
9. Cast off and grand R and L
10. Shoulder promenade 4 steps and tn. lady to man behind; repeat 3 times.
11. Circle R and #4 lady winds around outs. then #1 man ducks out between cpl 4 and all circle L.

Man in the Hay (German) MH 1051

Introd. & End

- Meas. 1-8 Swing joined hds vigorously fwd and bk 8 times
 9-16 16 skip steps CW (swinging arms).

- A. Chorus 1-4 1 & 3 slide 3 st. to center and stamp; reverse; repeat.
 5-12 1 & 3 eight slides to opp. side of square, men passing bk to bk, reverse.
 13-24 2-4 repeat 1-12
- B. 1-8 Ladies join hands, 16 skip steps CW
- A. Chorus as above (A 1-24)
- C. 1-8 Men circle CW with 16 skip steps.
- B. Chorus
- D. 1-8 1-3 basket circling CW
- A. Chorus
- E. 1-8 2-4 basket circling CW
- A. Chorus
- F. Ending 1-8 16 skip steps circling CW.

La Russe Quadrille* (Northern England) "LaRusse," Fol 1209 "Bluebell Polka or other suitable tune.

Formation: Square set of 4 cpls, numbered CCW.

Introd. (4 measures) Partners honor.

- A1 1-2 Each man passes behind his ptn to the next lady on his R, who moves to meet (walk-step or modified pas-de-basque step).
- 3-8 All bal to new ptn, and swing with pivot-step.
- A2 1-8 Men return to ptns, bal and swing.
- B1 1-8 Leading cpl swing (1st cpl this time).
- B2 1-8 Leading cpl prom. inside the set to places, visiting each cpl in turn.
- A3 1-4 Leading cpl chg across the set with opp. cpl (leading cpl passing inside); ptns chg places.
- 5-8 Repeat to places (leading cpl passing outside).
- A4 1-8 Same or side cpls repeat whole cross-over figure.
- B3 1-8 All 4 cpls join hds and circle L once around (reel step).
- B4 1-8 All prom. once around (reel or walk step).
- Repeat from A1 with 2nd, 3rd, and 4th cpls leading in turn.

*Country Dances of Today, May 1951 (Book 2), p. 6

Danish Double Quadrille*

Formation: Sets of 4 cpls in 2 lines facing. The 2nd set stands with backs to the 1st set, and so on for any number of double lines of 4. Four extra people can be a neutral line. If number works out in eights and if room is large enough, sets can form a circle around the room. In this way there is never a neutral line.

- 1-16 Each set, hds joined, 16 walking steps in a CW circle, and 16 CCW.
- 17-24 Two men to L side, slight honor to opp. W, join inside hds, 8 walking steps between the remaining cpls to other end of set; a slight honor, join inside hds, 8 walking steps back to place.
- 25-32 Repeat same with remaining 4 in set.
- 17-24 Same 2 cpls dance R and L to opp. place and again to own place.
- 25-32 Small circle for 4, 8 walking steps CW and 8 CCW
- 33-48 Ptns, shoulder-hip pos., 16 polka steps CCW around opp. cpl, progressing at end. When a line of cpls reaches one end of the room, they wait one turn as neutral.

*Singing Games and Folk Dances, John C. Campbell, Folk School-Brasstown, N.C., p. 53

Old Dance From Mors* (Danish) Any good Scandinavian Waltz

Formation: 4 cpls in a quadrille

- 1-8 I. a. Circle CW and CCW, waltz steps.
- 1-16 b. Head cpls inside hds joined, dance toward each other waltz steps; drop hds and waltz around opp. person, W in between first and the M in between as all return to own place. Repeat with side cpls.
- 17-24 c. W go to the center, all join hds, stand close together looking down. M run CW once around to place and stop with their ptns on their R. M join hds under W's arms.
- 17-24 Quickly W lift heads, circle spreads into a double ring, dances around twice with running steps, ending with a stamp.
- 25-32 d. Grand R and L, walking steps.
- II & III Ptns waltz in a circle once around.
- IV W, single mill, waltz CW and CCW.
- V M, single mill, waltz CW and CCW.
- VI W, double mill, waltz CW and CCW.
- VII M, double mill, waltz CW and CCW.
- VIII W, basket, waltz CW and CCW.
- IX M, basket, waltz CW and CCW.
- X Big Circle, waltz CW and CCW.
- XI Ptns waltz in a circle.

*Folk Dances, George & Marguerite Bidstrup, 7 p.

FOLK DANCE SUPPLEMENT -1953

Bellendans (Jingle Bells) Dutch Fol. 1068

Formation: Partners in double circle facing CCW - promenade position:
Skip 4 steps forward, 4 backward, repeat

In Varsouvienne pos. - Slide 4 to the R, 4 to the L; skip once around CW in 8 skip steps

Clap own hands 3 times, partners 3, own 4 and partners once; hook R elbows and skip once around CW

Three Meet Northern England Fol. 1112

Formation: Triple circle - sets of 3 facing 3

A 1-16 Threes link arms and walk 4 steps forward and 4 back, then change to opposite side, each line moving (sliding st) CCW; Repeat

B1 1-8 Center person arms twice around with right hand partner, then with left hand partner

9-16 "Cuddle up" or form a basket of 3's, circle CW with a buzz step, moving past the opposite set of 3--passing to the right to face another set of 3.

Sonderburg Double Quadrille - ^{Banish} ~~German~~ Meth. 115

M. H.

Formation: Sets of 8 couples - 4 facing 4 in long ways or circle formation

Introduction: Join hands in 2 circles - in each half of the set the 4 couples facing each other form a circle.

- A. Meas. 1-16 Walking 16 steps circling L and 16 back R
- B Meas. 17-32 Head 4 couples promenade down the set 8 steps and back 8 (inside hands joined) foot 4 couples promenade up the set and back
- C Meas. 17-32 (Music repeat) Opposite couples join hands and circle to the left and back (16 steps each way).
- D. Meas. 33-48 Chain figure or ground R & L for each 2 couples facing (R to opposite L to partner, R to opposite, L. to partner, turn to original place and bow; repeat.
- E. Meas. 33-48 (music repeat) All couples dance completely around the oval with 16 polka steps turning CW as a couple but moving CCW around the set. Man's hands on lady's waist, lady's hands on man's shoulders.

Meet Mister Callahan - Original by Rose Zimmerman

Cap. 2193

Formation: Couples side by side, inside hands joined.

- Meas. 1-4 Start on outside foot. Walk 4 st. bal. out and in
 5-8 Repeat, end facing partner
 9-12 Walk 4 steps backward, pas de basque L & R
 13-16 Walk 4 steps forward, pivot with partner 4 st.
 17-20 Grapevine and 2 steps to L (st L, R behind, & 2 step)
 repeat to R
 21-24 Yo Yo Holding Lady's hand, man takes 8 st. around lady CW,
 lady does L Face turn, then going around together the lady
 unwraps to face partner.
 25-28 Repeat Grapevine step
 29-32 Break hands and 4 buzz steps turning away from each other,
 stamp on inside foot, brush outside foot forward, tap toe.

Down South (Do-Si-Do Miner) Win. 7122

Formation: Double circle, partners facing (men facing out) hands joined.

Point to man's L side, touch beside R foot, repeat both;

4 slides to L; repeat to R side.

Step L & touch R back of L,; St R & touch L back of R,

St. L & swing R in front, St R & swing L in front;

Do si do around partner with 4 two steps and move in front of lady
on the right.Waltz of the Roses Original by Vic & Jessie Dorrrough Col. 39361

Formation: Couples in CP gents facing CCW

Intro. 4 Meas.

- A - Meas. 1-8 2 pursuit waltzes, cross point, cross point, repeat
 B - Meas. 9-16 2 pursuit waltzes, 4 waltzes turning once CCW, cross point,
 cross point, walk once around CCW
 C - Meas. 17-24 2 tyrolean or open waltzes, cross point, cross point, balance
 back on M's L, 3 waltzes in CP turning 3/4 CW to face L.O.D.
 D - Meas. 25-32 2 pursuit waltzes, cross point, cross point, 2 waltzes in CP
 turning 1/2 CCW, balance find and back turning 1/4 CCW on
 each to face L.O.D.

Repeat 3 times, end with lady making 2 CW twirls & bow.

Side by Side Original by Julie & Bert Passerilo Lon. 238

Formation: Couples side by side, elbows joined

- A 1-16 Point forward, back, 2 steps forward, repeat; walk once around turning away from each other in 4 steps; Repeat all.
- B 17-24 Facing with arms outstretched - 2 steps forward, point inside ft. forward, turn inward facing R.L.O.D. and point forward, repeat, repeat all.
- 25-28 Facing partners, grapevine to M's L - side, behind, side, front and in CP pivot once CW in 2 steps; repeat.
- 29-32 In CP turn once with 2 2 steps, walk 4 st. forward in O.P. with elbows joined

Repeat 3 times and end with lady twirling twice slowly, 3 times fast, bow to partner.

Waltz of the River Seine - Original by Mary & Fred Colletti

Dec. 24765

Formation: Couples in O.P. inside hands joined

Introduction 4 meas. Wait or waltz balance.

- A 1-4 M steps L swd, arch R, repeat to R side, repeat to L.; M steps R arch L in place & W steps R turning once CCW doing a wrap around with hands joined, then join free hands in front.
- 5-8 Bal. forward L Arch R and back arch L.; W turns once CCW crossing to M's L in 6 running st. while M does 5 st. in place.
- 9-16 In L.O.P. facing L.O.D. inside hands joined, repeat 1-8 on opposite foot.
- B 17-24 St. close 4 times fwd., st. swing, hop, 3 run. st. face & join hands with R on top bal. on L arch R, bal. on R arch L.
- 25-32 O.P. W turns in dishrag figure under R arms in 6 run. st. while M takes 6 run st. forward; repeat with W doing dishrag turn; repeat all.

Break of 4 meas. comes once (after 1st routine) In O.P. inside hands joined waltz back to back, draw, waltz face to face, draw.

Ending: Waltz turning once, 2 open waltzes, once CW turn, 2 open waltzes.

Bridge of Athlone - (Irish) Cap. 7-40203 Fol 1068

Formation: Longways set, men on one side.

Forward and back, repeat, all move to R with 7's and 3's, return to L.

Couple 1 down center, change places on 3's, back to the top, change to place.

Cast off, promenade to foot, head couples arch and others go under, then couple 1 goes to the top with lady under the arch and man outside, return to foot with man under arch and lady outside.

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ABBREVIATIONS IN RECORDS

Bal.	Balkan	Kis.	Kismet
Bel.	Beltona	Lin.	Linden
Bro.	Broadcast	Lon.	London
Cap.	Capitol	Mac.	MacGregor
Col.	Columbia	Meth.	Methodist World
Col. DX	English Columbia		of Fun Series
Crys.	Crystal	MH	Michael Herman
Dcl.	Danceland	Morrison.....	Morrison Record
Dec.	Decca		Co.
Fid.	Fidelity	Ol.	Oliver
Fol.	Folkraft	OT.	Old Timer
For.	Ford	Ron.	Rondo
FM	FM (no longer available)	Sca.	Scandinavia
Glo.	Globe	Shaw	Lloyd Shaw
HMV.	English Victor		Recordings
Imp.	Imperial	4 Star.....	4 Star Co.
Jub.	Jubilee	St.	Standard
		SR.	Skating Rhythms
		V	Victor
		Win.	Windsor

Omitted on previous page:

Dutch Foursome page 10